



2018

January

Lowell Public Schools Satellite Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
1 New Year's Day No School	2 Stuffed Mini Bagels Apples Bananas Juice	3 Assorted Benefit Bars Apples Oranges Juice	4 Apple Frudel Apples Mixed Fruit Juice	5 Bagel W/ Cream Cheese Apples Bananas	<p>ALL Students eat breakfast at No Cost!</p> <p>Breakfast includes: Skim milk 1% Milk FF Chocolate</p> <p>Fresh Fruit 100% Fruit Juice</p> <p>All Grains are Whole Grain</p> <p>"Children with access to school breakfast eat more fruit, drink more milk & eat a wider variety of foods."</p>
8 Assorted Cereal Graham Crackers Apples Pears Juice	9 Stuffed Mini Bagels Apples Pears Juice	10 Mini Pancakes Apples Bananas Juice	11 Apple Frudel Oranges Bananas Juice	12 Mini French Toast Apples Bananas	
15 Martin Luther King Jr. Day No School	16 Chocolate Chip Oatmeal Bar Graham Crackers Apples Pears Juice	17 Bagel W/ Cream Cheese Apples <small>LG</small> Bananas Juice	18 Assorted Muffins Graham Crackers Oranges Apples Juice	19 Ultimate Breakfast Rounds Apples <small>LG</small> Bananas	
22 Mini French Toast Oranges Apples Juice	23 Cinni Mini's Apples Bananas Juice	24 Assorted Cereal Bars Assorted Yogurt Apples <small>LG</small> Bananas Juice	25 Assorted Benefit Bars Apples Bananas Juice	26 Assorted Cereal Graham Crackers Apples <small>LG</small> Bananas	
29 Apple Frudel Apples Pears Juice	30 Bagel W/ Cream Cheese Oranges Mixed Fruit Juice	31 Mini Pancakes Bananas Applesauce Juice	1 Ultimate Breakfast Rounds Oranges Raisins Juice	2 Chocolate Chip Oatmeal Bar Apples Peaches	

Check out www.lowell.schooldish.com for Menu's, Nutrition Education & Monthly Promotions!

Also check out the farm to school website www.lpsfarm2school.com



Locally Grown

Menus are subject to change without notice.



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